

A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center

Foreign Trip? Check Your Manners

When you're traveling for work, you need to be on your best behavior. If your job takes you outside the U.S., beware of these typically American habits that can inadvertently cause offense to your hosts:

- ❖ **Tipping.** In some Asian countries such as Japan and South Korea, tipping in restaurants is unnecessary, and may even be seen as insulting to wait staff.
- ❖ **Cab rides.** Drivers in Australia, New Zealand, the Netherlands, and some other nations expect their riders to join them in the front seat, as a gesture of egalitarianism.
- ❖ **Thumbs up.** This means "OK" in the U.S., but in Latin America, the Middle East, and other regions, it's considered an obscene gesture.
- ❖ **America.** Visitors to Latin and South America should refer to their homeland as the United States or North America, not just "America," which may cause offense by implying that the U.S. is the only American nation.
- ❖ **Promptness.** Check with an expert on when to arrive for appointments. In countries like Germany, making people wait is considered rude, even if you're just "fashionably late." On the other hand, arriving precisely on time for a dinner party is a no-no in some Latin American countries.
- ❖ **Gifts.** Do your homework if you plan on giving or receiving gifts. In some Asian cultures, you're expected to decline a gift at least a few times before accepting it. On the other hand, opening a present right away will be seen as rude.

December Events

December 1st	World AIDS Day
December 2nd	National Mutt Day
December 6th	Hanukkah begins
December 7th	Pearl Harbor Remembrance Day
December 21st	Winter Begins
December 25th	Christmas Day
December 31st	New Years Eve



Get On Pace For A Healthy New Year

The end of the year is the perfect time to commit to a healthier lifestyle going forward. How can you maintain your resolve on a daily basis? Try these tips:

- ❖ **Pick a partner.** People who exercise with friend have a higher success rate.
- ❖ **Set concrete goals.** Don't vaguely aim to walk "more" each day. Set challenging but realistic goals. And be sure to chart your progress.
- ❖ **Shorten the duration.** Rather than a single hourlong session, aim for three 20-minute workouts or four 15-minute workouts a day. People who opt for shorter sessions actually tend to work out more over the course of a week.



Make New Year's Resolutions You'll Keep

Will the coming year be the one when you achieve all your New Year's resolutions? It could be, if you follow these steps to setting and achieving your goals:

- | | |
|-------------------------------|-----------------------|
| ✓ Write down your resolutions | ✓ Seek assistance |
| ✓ Establish the benefits | ✓ Develop a game plan |
| ✓ Identify needed resources | ✓ Celebrate |
| ✓ Survey your knowledge | |

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at **(614) 864-1600**, email us at **kerri@beanysautoservicecenter.com** or visit us at **www.beanysautoservicecenter.com**

Tis The Season To Give...

Buy One Car Care Club Card & Get The Second One **FREE!**
Our Car Care Club Card Is A Great Gift
For Your Friends & Family!

Expires 12/24/15



Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Jay Parks, Marcella Thomas,
Wendy Tipton, Rose Dumas and
The Toohey Family**

Waiting For The Doctor

George went to the doctor's office because of a pain in his foot. Before he could even explain his problem, the no-nonsense nurse ordered him into an examination room and told him to take off all his clothes, put on a paper gown, and wait.

The exam room had two beds, separated by a curtain for privacy. The man disrobed, put on the gown, and waited for close to an hour.

"This is stupid," he said out loud. "Why do I have to sit here in this stupid paper gown just for the doctor to look at my foot?"

From the other side of the curtain came a voice: "Don't ask me. I just came in to fix the phones."



Famous Writers Struggled, Too

Authors toil for years, sometimes decades, before achieving literary success. Along the way, they've got to make a living somehow. From the Galley Cat website, here's how some of the world's most famous wordsmiths paid the bills in their early years:

- * **F. Scott Fitzgerald**, "The Great Gatsby": Advertising copywriter
- * **James Joyce**, "Ulysses": Composed music; performed playing the piano and guitar.
- * **Ken Kesey**, "One Flew Over the Cuckoo's Nest": CIA study volunteer; janitor at a mental health facility
- * **Harper Lee**, "To Kill a Mockingbird": Airline reservations clerk
- * **Stephen King**, "Carrie": High school janitor
- * **Chuck Palahnuik**, "Fight Club": Movie projectionist; bicycle messenger; diesel mechanic
- * **Kurt Vonnegut**, "Slaughterhouse-Five": Car dealer

Put Your Bonus To Work

A year-end bonus can go a long way toward helping you manage your debt even if it's not a huge amount of money. Here are some ways you can make good use of an extra \$50:

- **Cut your credit card debt.** If you put \$50 toward a \$2,000 credit card balance, you'll cut your payback time by four months if you usually pay a minimum of \$40 month. Using the \$50 toward the debt can save you \$103 in interest (at 16 percent).
- **Invest in a mutual fund.** Mutual funds indexed to the Standard & Poor's 500 yielded an average 13.4 percent every year from 1971 to 1996. If that trend continues, the \$50 you put into a fund will give you \$176 in 10 years.
- **Save for next year's holiday season.** If you plunk the \$50 into a Christmas Club account at your local credit union, you can save up to \$550 by next Thanksgiving.
- **Pump up your relationships.** Buy something nice for your spouse, partner, friends, family, or co-workers. You can reap nice rewards by remembering what's more important than money.

Quote

"When you become a mother, you are no longer the center of your own universe. You relinquish that position to your children."

- Jessica Lange

Try These Breakfast Ideas For Your Kids

A good breakfast starts your kids' school day off right. Concentrate on providing them with food rich in calcium, like yogurt, cheese, and milk.

- ★ **Smoothies.** Use your blender to whip up a smoothie with milk, yogurt, fruit, and other nutritious ingredients.
- ★ **Pizza.** A mini-pizza with lots of cheese will make every child's breakfast more fun.
- ★ **Burritos.** Create a burrito bar on your counter with cheese, scrambled eggs, and warm tortillas and let your kids make their own burritos before they head off to school.



HOLIDAY LABOR SAVINGS

0-\$100.00	Take 5% Off Labor
\$101.00- \$200.00	Take 10% Off Labor
\$201.00 & Up	Take 15% Off Labor



Must Present
Coupon, Expires
12/31/15, Cannot Be
Combined With
Other Offers

The Laziest Soldier

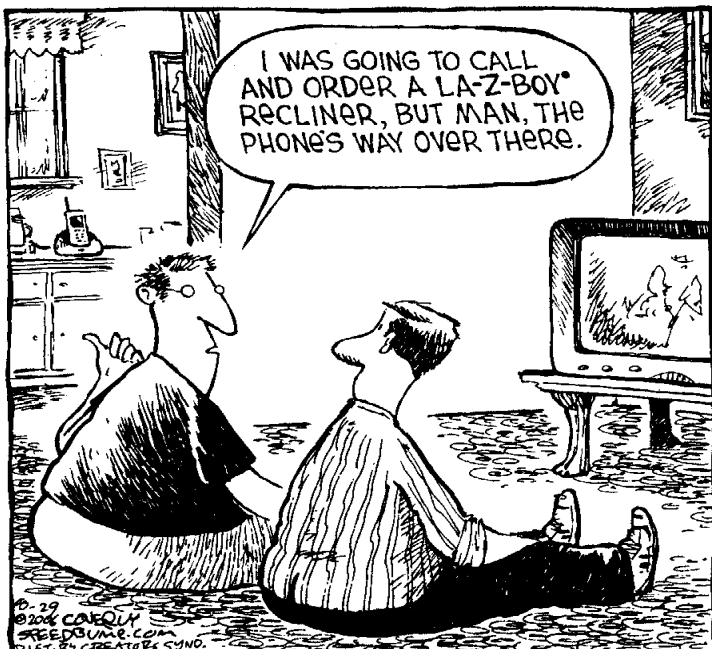
An Army sergeant addressed his platoon. "I've got a very simple job for the laziest soldier here. If you think you're lazier than anyone else here, step forward."

Out of 25 soldiers, 24 stepped forward. The sergeant confronted the 25th man. "What's the matter with you, soldier? Do you think you're better than anyone else here?"

"No, sergeant!"

"Then why didn't you step forward?"

"Too much trouble, sergeant!"



What's In A Name?

Getting married calls for lots of decisions and compromises, including the question of whether the bride keeps her maiden name. In recent years, the trend has been on an upswing, a Google survey reports. Approximately 20 percent of women who got married in the past few years have opted to retain their birth name, and another 10 percent chose a separate option, such as hyphenating their last name or using their maiden name professionally while changing to their husband's name legally.



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An Interrupted Journey

On a road trip, Jim and his wife, Carla, stopped at a diner for lunch. When they finished, they got back on the highway.

Twenty miles later, Carla suddenly said, "Wait! We have to go back! I left my sunglasses at the restaurant!"

Jim was angry at the delay, and got more upset when he couldn't find an exit for another 15 miles. He complained to his wife for the entire 35 miles back to the diner. Carla stayed calm as they made their way down the highway back to the restaurant.

Finally they arrived. Carla jumped out of the car to get her sunglasses.

"Wait!" Jim opened his door. "While you're in there, ask if they've got my wallet!"

Long Hours May Mean A Risk To Your Health

If you pride yourself on working long hours, this information might make you rethink your priorities: Overtime may increase your risk of stroke.

A meta-analysis of 17 scientific studies tracking 530,000 people around the world, written up in the British medical journal *The Lancet*, found that people who work 41-48 hours a week have a 10 percent higher risk of stroke than those who put in 25-40 hours a week at their jobs (after controlling for other health factors like smoking, drinking, and exercise). If you work 49-54 hours a week, your increased risk rises to 27 percent, and if you're a workhorse who spends 55 or more hours per week on the job, you're looking at higher risk of 33 percent.

Be smart. Take a look at your schedule to see if your high-pressure job is likely to literally kill you.

Five Steps To The Top

The secrets to success aren't really secrets. Just keep these basic principles in mind as you move forward no matter what industry you're in and what you want to achieve:

1. Be determined.
2. Finish what you start.
3. Know your dream.
4. Stay positive.
5. Look at problems as opportunities.



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*Save \$14.00 On Any Service Or
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What's Inside?

- Fun Breakfast Ideas For Kids -
- Five Steps To The Top -
- Interrupted Journey -
- Waiting For The Doctor -
- December Events -
- Money Saving Offers -
- & Much More!



What's The Answer?

Who Wrote, 'To Kill A Mockingbird'?

Traveling Abroad?

How Can You Maintain Your Resolve On A Daily Basis?

Are The Steps To The Top Really This Basic?

*The Answers To These And Many
More Questions Are Inside*

