# February FOELforTHOUGHT<sup>®</sup> 2016

A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center

#### What's Unique About February?

February may be the shortest month of the year, but it's packed with interesting and unusual characteristics. It's not just the occasional Leap Year. Here are a few to ponder as you shiver:

- \* February starts on the same day of the week as March and November (shifting to August in leap years).
- \* February ends on the same day of the week as October.
- \* In leap years, February ends on the same weekday it begins.
- \* February is the only month that can pass without a full moon.
- \* Once every six years, and twice every 11 years, it has four full seven-day weeks.

#### Presidents By The Numbers

In honor of Presidents Day (Feb. 15 this year), here are some facts from the National Geographic website about how our past presidents have measured up:

- Shortest president: James Madison, 5'4"
- Tallest president: Abraham Lincoln, 6'4"
- Heaviest president: William Howard Taft, about 300 pounds.
- Oldest president elected: Ronald Reagan, 69
- Youngest president elected: John F. Kennedy, 43
- Youngest president to serve: Theodore Roosevelt, 42, taking the oath of office after the assassination of William McKinley.

#### **Do You Have A Question About Car** Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free

#### to give us a call at (614) 864-1600, email us at

kerri@beanysautoservicecenter.com or visit us at www.beanysautoservicecenter.com.

#### Ask The Groundhog

Everyone knows that on Feb. 2, a groundhog coming out of its burrow to look for its shadow will either signal an early end to winter or predict another six weeks of snow and cold weather. The science may not be accurate, but Groundhog Day has become a major event in many U.S. towns and cities.

How did it start? Many historians believe that Groundhog Day is related to Candlemas Day, a medieval Christian celebration that falls on Feb. 2. An old sailor's saying from English lore states:

If Candlemas Day is clear and bright, winter will have another bite. If Candlemas Day brings cloud and rain, winter is gone and will not come again.

Another possible source for the belief may be the fact that the first official day of spring in the Northern Hemisphere's western lands comes almost seven weeks after Feb. 2, while under the early Julian calendar, the spring equinox fell on March 16, exactly six weeks after Feb. 2. Groundhog Day may reflect the confusion created by dueling calendars.

#### Quote

"There is never a time or place for true love. It happens accidentally, in a heartbeat, in a single flashing, throbbing moment."

- Sarah Dessen

		February Events
	February 2nd	Groundhog Day
	February 9th	Mardi Gras
	February 10th	Ash Wednesday
	February 12th	Abraham Lincoln's Birthday
	February 14th	Valentine's Day
		Presidents' Day
	February 22nd	George Washington's Birthday
11		



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#### Anthony McMillan, Gene Aldenderfer, Jina Held and Jeff Payne

#### Do More, Work Less Get Organized For Success

Winning control of your work schedule doesn't have to be a gargantuan effort. Here are some simple tips for getting organized:

- ★ Start on a Monday. On the first day of the workweek, list your top three activities for the week. Commit to getting those three priorities done by Friday, no more, no less.
- ★ Designate time for administrative tasks. Put everything else on the back burner for a few hours. Don't answer the phone, don't read email, don't let coworkers interrupt. Concentrate on your administrative chores.
- ★ Check email only once a day. Set aside a specific time during the day to read and respond to email. Trying to monitor all your email throughout the day is disruptive to work flow.

#### Words Of Wisdom

The BIG GAME will be played Feb. 7. If you need something to say while watching the game with your friends, try a few of these timeless football quotations:

- ★ "It ain't necessary to see a good tackle. You can hear it!" (Knute Rockne)
- ★ "The man who complains about the way the ball bounces is likely to be the one who dropped it." (Lou Holtz)
- ★ "When you win, nothing hurts." (Joe Namath)
- ★ "Three things can happen when you throw the ball, and two of them are bad." (Darrel Royal)
- ★ "My advice to defensive players: Take the shortest route to the ball and arrive in a bad humor." (Bowden Wyatt)



Happy Valentine's Day: Some Fun Facts

Sixty-two percent of Americans celebrate Valentine's Day. How do they observe it? Take a look at these statistics:



- Chocolate. Americans buy 58 million pounds of chocolate during the week of Valentine's Day, spending \$448 million.
- ✓ Cards. We buy about 150 million "Will you be my Valentine?" cards each year.
- ✓ Gifts. Men spend an average of \$150 on cards and gifts; women spend an average of \$74.
- ✓ Flowers. Twenty-three percent of us buy flowers or plants as Valentine's Day gifts: 61 percent of these buyers are men, and 39 percent are women. The top choice? A mixed bouquet, followed by red roses.
- ✓ Champagne. Americans buy 174,000 gallons of sparkling wine through Valentine's week, worth about \$8.6 million.

#### Cut Energy Costs With This Tactic

Here's one easy way to save money on energy yearround: Unplug your gadgets when you're not using them. Otherwise they'll keep consuming power and costing you money even though you're not actively using them.

Don't want to constantly yank and insert a half-dozen or more plugs?

Attach them to a single power strip, and shut that off when you don't need it. A simple solution to an expensive problem.

#### The Real Possession

A young boy studied with a wise monk who practiced pottery making. After many years of study and practice, the boy showed great promise.

One sunny afternoon, the boy was admiring one of the monk's prized pots when it slipped from his hand and broke into many tiny pieces.

The boy broke into tears, apologizing profusely to his teacher. But the monk merely smiled. "You need not be sad, it is still within me."

The wise monk's true pleasure came through the process of creating and shaping the pot, not in owning it afterward. His joy was not in the destination, but in the journey.

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#### Could Life Be Next?

The search for planets capable of supporting life has claimed a big prize: Astronomers have identified one world 42 light-years away in the zone where life is most likely to form: close enough to its star to have Earthlike temperatures and possibly water in liquid form, and revolving in a regular cycle of day and night.

What makes the planet even more interesting is its size: It's about seven times the size of our world. The second-closest potential "super-Earth" is located 620 lightyears away from us.

#### Faster Than You Think?

Two friends were sitting on a park bench when they saw a man out for a walk with a turtle on a leash. Intrigued, one of the friends said,

"That's a nice pet you've got there."

"Yeah," the man sighed. "I used to have another one, but he ran away."



#### Never Forget The Medical Priorities

A man went to his doctor with a problem: "Doc, I'm having trouble remembering things. Yesterday I forgot where I live. The day before that, I think, I went to store and couldn't remember what I needed to buy. And my wife tells me I forget her name all the time. At least I think she told me that. What can I do?"

"First things first," the doctor said. "Pay me in advance."

#### Thanks For The Kind Words

"Joel just saved me from having the wrong thing replaced on my car and spending \$400-\$1000 more than I needed to. I will always go there first from now on. I can't recommend them enough".

- Mark M

#### Quote

"Being deeply loved by someone gives you strength, while loving someone deeply gives you courage."

- Lao Tzu

#### The Problems Are Not The Problem

If you feel buried by problems every day, remember this classic Zen tale:

A disciple came to a Zen master one day. "I have a problem," he said.

Before he could explain it and ask for advice, though, the master nodded and said, "Yes, I know you have a problem. In fact, you have 83 problems."

"How do you know that?"

"Everybody always has 83 problems," replied the master.

"Well, what am I supposed to do about all these problems?"

"Remember this," the master said. "Everyone, at any given time, has 83 problems. But some people actually have 84 problems. The 84th problem is believing that you shouldn't have 83 problems."



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### What's Inside?

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## What's The Answer?

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Will You Be My Valentine?

How Did Groundhog Day Start?



The Answers To These And Many More Questions Are Inside



