February



A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center



Happy Fat Tuesday

This year the revelry of the carnival season will culminate on Tuesday, Feb. 13, in celebrations around the world before the start of Lent.

In the United States, the city of New Orleans is the capital for all things Mardi Gras, which is French for "Fat Tuesday." Although the city has roots deeply centered in French heritage, it was not the first American city to host this event. French-Canadian explorer Pierre Le Moyne d'Iberville is rumored to have held the first Mardi Gras in

a location about 60 miles downriver.



Years later, settlers along with French soldiers would continue the practice by donning masks and enjoying festivities in the newly established town of Mobile, Alabama.

I Love You ... Around The Word

Here are just a few of the ways those three little words everyone wants to hear are spoken around the world:

Dutch... "Ik hou van je"

Hindi... "Main tumse pyar kartha hoon"

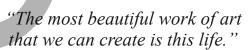
Korean... "Saranghae" Lebanese... "Bahibak"

Maori... "Aroha ahau ki a koe" Navaho... "Ayor anash'ni" Romanian... "Te iubese" Tagalog... "Mahal kita"

Happy Valentine's Day: Some Fun Facts

Sixty-two percent of Americans celebrate Valentine's Day. How do they observe it? Take a look at these statistics:

- Chocolate. Americans buy 58 million pounds of chocolate during the week of Valentine's Day, spending \$448 million.
- Cards. We buy about 150 million "Will you be my Valentine?" cards each year.
- **Gifts.** Men spend an average of \$150 on cards and gifts; women spend an average of \$74.
- Flowers. Twenty-three percent of us buy flowers or plants as Valentine's Day gifts: 61 percent of these buyers are men, and 39 percent are women. The top choice? A mixed bouquet, followed by red roses.
- Champagne. Americans buy 174,000 gallons of sparkling wine through Valentine's week, worth about \$8.6 million.



-Kristi Bowman

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

(614) 864-1600

kerri@beanysautoservicecenter.com www.beanysautoservicecenter.com



Flush Out The Old Contaminated Fluid With A Winter Cooling System Flush Deal!

Extend the life of your radiator, heater core, water pump, head gaskets, freeze plugs and radiator and heater hoses.

Save \$8.12

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Can Beet Juice Keep Your Brain Young?

Beet juice may keep your brain young and fit, according to an article on the Runner's World website. The article cites a study reported in the Journal of Gerontology: Medical Sciences that found that a shot of beet juice an hour before exercise can have positive benefits to brains as they get older.

In the study, 26 sedentary men with an average age of 65 participated in six weeks of exercise. Some took daily shots of beet juice; others received a placebo. The participants walked on a treadmill three times a week for six weeks, building up to 50 minutes per session at increased effort. Comparing MRIs from before and after the trial, researchers found that the group that drank beet juice had significantly higher levels of "community consistency" within their brains.

The nitrate in beet juice, which converts to nitrite and then nitric oxide in the blood, has a strong positive affect on responsiveness in blood vessels, which in turn can increase the amount of oxygen reaching the brain and boost aspects of cognitive function.

Beware: The Hidden Hazards Of Cold Weather

Winter is full of unexpected hazards. As the cold weather continues, keep these safety tips in mind:

- * Frostbite strikes fast. It can happen in a short amount of time, especially with children. That's because they lose body heat quickly, sometimes in as little as 20 minutes. Dress kids warmly, but don't overbundle. That can cause sweating, which speeds the loss of body heat.
- * There's poison in the air. Carbon monoxide poisoning can often be mistaken for the flu—achiness, headache, and nausea. Carbon monoxide is odorless and colorless, and can affect children before it affects adults. Be sure you check your furnace and other gas, coal-, oil-, or wood-burning appliances to make sure they aren't generating any carbon monoxide.
- * Ice can be deadly. We all know to walk carefully on icy roads and sidewalks. But walking-related injuries also stem from sliding and skidding vehicles that may not be able to avoid hitting someone. Be sure to walk in bright or reflective clothing, and be careful when walking near snow piles and drifts that may obscure your view or the view of a driver.

Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

Russell Hay and Bill Ratliff

Keep Your Career Moving Forward

You may love your job now, but you can't take it for granted. Job security is uncertain, and smart people are prepared for changes in their career path at a moment's notice. Here's advice for staying afloat no matter how stormy it gets:

- ★ Audit your career documents. Is your resume current? Does it spell out what you've done to add measurable value, instead of just listing your various job titles over the years? Be sure that your references are up to date and that you have some good stories to tell about how your work has contributed to your employers' success.
- ★ Network. Devote some time every week to making connections within your industry. The more people who know what you're capable of, the better positioned you are for any sudden transitions.
- ★ Become active. Join relevant professional and trade associations, and take a leadership role wherever you can: Serve on committees, help with marketing efforts, etc. Don't just show up for meetings and sit there.
- ★ Market your expertise. Write articles for trade publications, blogs, and websites to get your name out there. Volunteer to speak to schools or local community groups about your profession and industry. The more visibility you have, the better.
- ★ Keep developing your skills. Sign up for courses and seminars on any skills that might help you do your job better. A commitment to self-development appeals to potential employers who like to see initiative.
- ★ Contribute more. Look for ways to help your organization, your coworkers, your managers, and your networking contacts. A reputation for pitching in wherever you're needed will yield benefits throughout your career.





0-\$50.00 \$51.00-\$100.00 \$101.00-\$150.00 \$151.00-\$200.00 \$201.00 & Up



Take 5% Off Labor
Take 8% Off Labor
Take 10% Off Labor
Take 13% Off Labor
Take 15% Off Labor

Interstellar Asteroid Is A First

Asteroids can be found throughout our solar system, but astronomers have recently discovered one in interstellar space. The Science News website reports that the object, first believed to be a comet, is approaching the solar system at an unusually steep angle. Dubbed A/2017 U1, the asteroid is about 400 meters across and traveling 25.5 kilometers per second on a slingshot path past the sun. Astronomers plan to measure the colors in its reflected light to determine what it's made of and seek clues to its origins.



Thanks For The Kind Words

"Love Beany's they do excellent work.

Everyone there is so friendly. So happy I have found them. My husband use to take care of my car but now Is ill with cancer and can't but I feel so assured when I go to Beany's. Will not go anywhere else."

- Freda

Red Sky In Asia Mystery Solved

It's a centuries-old mystery: In the year 1770, skies over Asia turned a bright red for nine days. The cause of this unusual phenomenon has never been identified. Now, though, scientists believe they have an answer.

As reported on the Slate website, researchers recently uncovered a collection of 111 contemporaneous documents from that time, and learned that the red sky had lasted longer than previously thought (just two days) and was much larger as well.

Scientists' conclusion: The effect was created by an aurora caused by solar activity, sparking the longest geomagnetic storm in recorded history.

A similar aurora was observed on two nights in 1859 by a massive solar storm known as the "Carrington Flare." Analysis of records of sunspot activity in 1770 suggests that the Asian aurora was caused by sunspot twice as large as those that created the Carrington event.

If such an event happened today, it would likely have catastrophic effects, knocking out satellites crucial to communications and GPS instruments.





Beginning January 1, we have the ability to share your vehicle's maintenance records with CarFax so that if you ever sell your car the next buyer can tell that you've taken great care of it. In the past, only maintenance visits to the dealer would show up on the CarFax, but now your Beany's oil changes and all the other things we do will be collected and shown. You will also receive info from CarFax regarding recalls and have the ability to rate Beany's as your repair provider.

We only share your email and your VIN (vehicle ID number) with them, never your address or phone number, and if you'd like us NOT to share, we'll respect your privacy.

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A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center 1673 Brice Rd Reynoldsburg, OH 43068



What's Inside?

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