### August

# FUELforTHOUGHT\*

2018

A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center



#### August Events

August 2nd	National Ice Cream Sandwich Day
August 3rd	National Watermelon Day
August 5th	International Forgiveness Day
August 9th	Book Lover's Day
August 18th	National Honey Bee Awareness Day
August 26th	National Dog Day
August 31st	National Eat Outside Day

# Your Kindness Can Cure A World Of Hurt

Since 1988 the last seven days of August have been designated as "Be Kind to Humankind Week." This observance was created by Lorraine Jara, who was inspired to do something kind after reading a tragic story in her local paper. To help others find ways to engage in kind and civil behavior, Jara created the following themes for each day of this week:

- \* Sacrifice Our Wants for Others' Needs Sunday
- \* Motorist Consideration Monday
- \* Touch A Heart Tuesday
- \* Willing to Lend a Hand Wednesday
- \* Thoughtful Thursday
- \* Forgive Your Foe Friday
- \* Speak Kind Words Saturday

Imagine how much nicer the world would be if each one of us committed to adhering to these concepts during this week and every week thereafter.

# Need Help Getting Up To Speed In Your Career?

When you're just starting out on your career, you may wonder what it takes to be successful. The field you're in doesn't matter. You'll succeed in any job by following these basics principles:

- ★ Be dependable. Do what you say you're going to do. Keep your commitments. Let people know they can rely on you to do your job, whatever it takes.
- ★ Spotlight your abilities. Show people what you're capable of, but don't brag about it. Let your work speak for you.
- ★ Shut up and listen. Listening is a chance to learn from others. Train yourself to listen more than you speak.
- ★ Focus on your goals. Know what you want to achieve —on the job, in your career, and throughout your life. Keep your eyes on these goals, and you'll make better decisions.
- ★ Hone your interpersonal skills. No matter where you work or how far you rise, you'll have to deal with people. Learn how to persuade, motivate, and show respect.
- ★ Build your network. Wherever you go, try to meet people who can help you in your career—and whom you can help yourself. Stay in contact with them, and show that you value them as people, not just resources.

## Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

(614) 864-1600

kerri@beanysautoservicecenter.com www.beanysautoservicecenter.com



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\$201.00 & Up Take 15% Off Labor

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#### Birthday Surprise

"No peeking," Reggie's dad said. Reggie shielded his eyes. His father's hands rested on his shoulders and slowly guided the boy to the family's living room.

"Happy birthday!" his dad said. "You can look now."
"Oh boy!" Reggie yelled as he ran across the room and hugged the neck of a huge St. Bernard. The dog and the boy stood nose to nose and then the dog licked the birthday boy in the face.

Reggie turned to his dad and asked, "Is he for me, or am I for him?"

"People need people; it's as simple as that!

In order to have the power to make the world
a better place, we must first change our attitudes
for the better. We can create our own good
news if we choose to do so!"

—Lorraine Jara

# Make A Commitment To Safety In The Workplace

Your employees' safety is a paramount concern, but you can't protect them all by yourself. They should assume some responsibility for taking care of themselves. Here's how to motivate employees to create a safe workplace:

- ❖ Make safety an organizational value. Emphasize safety from Day One. Include it in your employee handbook. Address it on a regular basis. Showing your commitment to safety will help employees take it seriously.
- ❖ Involve upper management. Make sure the CEO supports employee safety in a visible way—by talking about it, listening to employees' concerns, and following safety procedures him- or herself.
- ♣ Involve your workforce. Don't just hand down rules and procedures from on high. Ask employees for their input. What problems do they see? What works, and what doesn't? Listen to and act on their opinions.
- ❖ Set high expectations. Don't settle for the bare minimum when it comes to safety. Let employees know they're expected to follow procedures without exception. Work with them on setting goals that protect them fully.

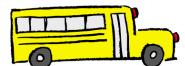
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Dogs are often like members of the family, so you will want to treat them with care during hot weather. Here are a few tips to keep your four-legged friends happy and healthy:

- ◆ Never leave your dog—or any animal—in the car during hot or even warm weather. The interior temperature of your car can easily soar to 120 degrees in just minutes. The only way dogs can cool down is by panting and through the pads of their feet. Many animals die every year because their owners leave them in cars. Even if you leave the windows partially down, the temperatures can soar.
- ◆ Don't let your dog ride in the bed of a pickup truck. Serious eye injuries can occur from debris hitting their eyes at up to 70 miles per hour. The dog could also be thrown into oncoming traffic or could fall underneath the truck and be injured. Serious injury or death can also occur when a driver hits the brakes suddenly, swerves, or is hit by another vehicle.
- ★ Keep your dog away from fertilizers, plant foods, and insecticides. They can be fatal if your pet ingests them. Don't let your pet walk or play on a treated lawn.
- ♦ Make sure your pet always wears an ID tag. Even if your dog has an embedded identification chip, you'll still want to make sure it has a tag so that he can be returned quickly to you if it is found. It's also a good idea to keep a current picture of your pet with you. That way, if it disappears or wanders off, you have a photo to show to people when you ask them if they've seen your dog.
- ◆ Give your dog prescribed heartworm medicine on a regular basis. It is also a good practice to use only flea and tick medications prescribed by your dog's veterinarian.
- ♦ Make sure your pet has plenty of water and shade outdoors. You'll also want to make sure your dog isn't walking on hot asphalt when the heat is high, because it can burn its paws.

### BACK TO SCHOOL BRINGS SAVINGS!

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offers or coupons
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#### Study On Eggs Has Positive News

Good news: A recent study has found that eating up to a dozen eggs a week doesn't contribute to heart disease.

The U.S. News & World Report reports that an extended study monitored 128 people for more than a year and found that eating eggs as part of an overall healthy diet doesn't appear to raise cholesterol, blood sugar, or blood pressure, which are all cardiovascular risk factors for people with pre-diabetes or Type 2 diabetes. The study also found that eggs seem to be helpful in losing weight. Fried, poached, or scrambled, have an egg today!



#### Thanks For The Kind Words

"Family Place that I wish was more common in this area. They were friendly and considerate, and tried to give me the best price possible without overcharging or adding extras. They've definitely earned my repeat business..."

- Google reviewer

# Crash Through Barriers To Creative Thinking

You can't turn creativity on and off like a light switch. You can, however, pave the way to innovative thinking by clearing out some of the more common obstacles to creative solutions. Eliminate these roadblocks:

- ★ Defining problems too narrowly. Look at the situation from many different angles before deciding on what kind of solution you're looking for.
- ★ Judging ideas prematurely. Instead of discarding ideas that seem impractical or unsuitable at first glance, ask, "What's good about this idea?" By withholding judgment, you may find useful ideas embedded within aspects of otherwise unworkable concepts.
- ★ Stopping with the first good idea. Even when an idea sounds promising, don't stop coming up with alternatives too quickly. Often the best, most creative ideas don't appear until after the initial flash of brainstorming activity has been exhausted.
- ★ Obeying "rules" too rigidly. What assumptions are you making about the situation? They may not be valid. Often, we ignore good ideas because they don't seem to fit the rules we've always followed. If you begin questioning those rules, you may find out that you can change them.

#### What Successful Leaders Do

If you dream of becoming the next Bill Gates or Warren Buffett, you'll want to emulate the qualities that led to their success. Top business leaders share a number of important traits. Among them:

- ❖ Continuous learning. You'll never know everything you have to know to reach the top. That means you can never stop learning. Commit to finding new ideas and better ways of doing things no matter how high you rise.
- ❖ Innovation. You can always do things quicker, more efficiently, and better. Challenge the people around you—and yourself—to constantly look for ways to improve your business. Don't settle for second best.
- Flexibility. The world is changing, and you have to keep up with it. Be ready to adapt to new conditions and opportunities at a moment's notice—or someone who can will move in ahead of you.

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Limit One Per Customer

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### What's Inside?

- August Events -- Money Saving Offers -& Much More!



How Can I Be More Creative?

When Is National Hot Dog Day?

Can I Speed Up My Career?

Is My Dog Safe In The Heat?

The Answers To These And Many More Questions Are Inside