

September

FUEL for THOUGHT™

2018

A Free Monthly Newsletter From Your Friends At Beany's Auto Service Center

September Events

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|----------------|---------------------------|
| September 1st | National Tailgating Day |
| September 3rd | Labor Day |
| September 5th | National Day Of Charity |
| September 9th | Grandparents Day |
| September 15th | World Clean Up Day |
| September 19th | Talk Like A Pirate Day |
| September 21st | International Peace Day |
| September 28th | Ask A Stupid Question Day |

Let Kids Be Bored

According to Northwestern University's Family Institute, boredom is one of the most rewarding experiences of childhood. When children get bored, they have a chance to nurture their creativity, daydream, think, come up with solutions to problems, and discover their interests.

In the 1980s, children from three different Canadian communities participated in a study. The researchers found that the children who lived in an area with no access to television scored higher in thinking skills that measured imaginativeness than their TV-watching counterparts. Two years later, televisions were introduced into the homes of these same rural children. The decline of their divergent thinking skills soon followed.

If watching television can diminish a child's thinking skills, imagine the impact of countless hours of video game playing, texting, and communicating through emoji. Help your children unplug from their devices, grow bored, and tune in to their imaginations. The opportunity to uncover their hidden talents and build new worlds awaits.



Nature vs. Nature

Man's best friend has once again proven his merit, this time in the fight to save Florida's avocado industry.

Recent harvests have been affected by a deadly fungus known as laurel wilt disease. It's caused by an infestation of the redbay ambrosia beetle. In the United States, more than 300 million laurel trees—including Florida's avocado trees—have died as a result of the fungus.

Laurel wilt disease spreads among trees via root grafting. The best indication of the fungus is the external damage it causes the trees. By the time it's visible, though, nothing can be done to save them.

Florida's avocado industry is second to its citrus industry, so researchers there were determined to figure out a solution to this problem. They found an ally in the canine species. Dogs have such a keen sense of smell they can sniff out concentrations of a substances as minute as one to two parts per trillion.

The researchers trained dogs to detect the scent of laurel wilt disease and identify infected trees that had yet to show any signs of rot. The dogs were successful in 217 of the 229 trials performed.

The agricultural industry continues to research solutions for dealing with laurel wilt disease before further damage is sustained by Florida's avocado growers. For now, we can all rest easy knowing that avocado toast will remain a thing.

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

(614) 864-1600

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"Dogs are not our whole life, but they make our lives whole."

—Roger Caras

"You become what you think about."

—Napoleon Hill

"Missing someone is your heart's way of reminding you that you love them."

—Unknown

Tips For Cutting Your Cancer Risk

You can reduce your risk of cancer by up to 40 percent with these simple—but maybe not easy—tactics, according to the World Cancer Research Fund. None of these are surprising, but all are important:

- * Maintain a healthy weight.
- * Walk more; sit less.
- * Include more whole grains, vegetables, fruits, and beans in your diet.
- * Avoid high-calorie foods.
- * Don't eat lots of red and processed meats.
- * Limit your consumption of sugary drinks.
- * Abstain from alcohol.
- * Don't rely on dietary supplements to keep you safe from cancer.
- * Mothers, if able, breastfeed your baby for six months.

Saltwater Trout Evolve To Freshwater Species

Evolution normally takes place over thousands or millions of years, but sometimes it can happen more quickly. The Science website reports that a group of saltwater steelhead trout transplanted from California to the salt-free waters of Lake Michigan in the 1890s have evolved into a species that can live wholly in fresh water—in only 100 years.

Genetics helped. The steelheads hatch in freshwater rivers before swimming out to the ocean for much of their lives, returning to the rivers to spawn. That probably allowed key genetic differences to develop in their new home, demonstrating how quickly an organism can change and adapt to a new environment if it has the right genetic makeup.

Get Ahead With These Not-So-Secret Secrets

What does it take to get ahead? Investor's Business Daily identified these 10 traits of those who seem to have the knack for turning dreams into reality:

- **A positive attitude.** Where your mind goes, you go. If you think you'll fail, chances are good that you will. If you believe you'll succeed, you're halfway home.
- **A definitive goal.** "I want to be a success" is a wish, not a goal. "I want to become a junior partner within two years"—that's a goal. Write down exactly what you want to achieve—and an action plan for achieving it.
- **A courageous spirit.** It doesn't do any good to devise an action plan if you never forge the courage to act. The journey begins with a single step. Get started.
- **An inquisitive mind.** Pursue learning in all its forms—reading books, returning to school, attending seminars and training classes, and listening to those who are wiser and more experienced.
- **A strong heart.** Few people are overnight successes. You have to be persistent enough to go the distance—no matter how long it takes.
- **An analytical brain.** Do your homework; get the facts. Learn to analyze details. Often the best ideas stem from little seeds everyone else overlooked.
- **A focused eye.** As John Lennon said, life is what happens while you're busy making other plans. You can't stop life from happening, but don't let today's troubles keep you from tomorrow's promise.
- **A fearless approach.** Innovate. Be different. Those who are content to follow the crowd never get the chance to stand out.
- **A disciplined tongue.** Learn the art of communicating effectively with others.
- **A good conscience.** Don't forget those rules you learned in kindergarten: Play nice. Be dependable. Tell the truth. If you can't get to the top by being

true to yourself and straight with everyone around you, your success will be hollow—and probably short-lived.



The Warranty On Your New Vehicle Stays In Effect When Maintenance Is Performed Here.

We are legally authorized to fulfill maintenance obligations on all vehicles, even new ones. We use appropriate parts & procedures, the vehicle's manufacturer is bound to honor its warranty obligations. Your vehicle's care starts at 00001 miles.



Our schedule is **CHANGING!!!**

After 40 years of mostly the same schedule, we're going to try something a little different. We're going to be closing on Saturdays starting in the fall.

Here's how we're going to implement it.

To start, **Fridays, from September 21 through October 19th, we will be open until 7pm** for late pickups. Joel or Steve will be at the shop to help you.

Beginning Saturday, September 22, and going through October 20th, we will be open from 9a-12p. Either Joel or Steve will be at the shop, and one technician will be available.

Beginning October 26th we'll go back to normal Friday hours (8a-6p)

Beginning October 27th we will be closed on Saturdays.

For those folks who depend on Saturdays to pick up cars that we've worked on throughout the week, please let us know if you have concerns.

You can still expect the same great service Monday through Friday, 8am till 6pm. We also will still be able to accept cars any day, any time, using our drop box.



Thanks For The Kind Words

"The entire process was very easy, and I am certain I wasn't taken advantage of. Would highly recommend this shop for any work you may have."

- Mike (on Yelp)

Plan Your Cookout For Safety

If you're planning a cookout for Labor Day—or any other time—you should observe the following safety tips:

- ★ **Always wash the racks on your grill.** Unwashed racks can be breeding grounds for bacteria and could contaminate your food at your next cookout. Use a brush or other cleaning tool to remove all the debris from the rack.
- ★ **Never place your grill close to your picnic table or other seating.** Place it instead far away from where people will be gathered.
- ★ **Don't wear loose or flowing clothes when you are grilling.** A drooping sleeve could brush against the grill or coals and catch fire. Use heat-resistant cooking mitts and long-handled utensils to avoid burns.
- ★ **Make sure you keep a fire extinguisher** or a large spray bottle filled with water nearby in case of fire emergencies.
- ★ **Never add charcoal starter or fluid to coals that are already warm or hot.** The fluid could cause flames to flare dangerously.
- ★ **Never use alcohol, kerosene, or gasoline to start a fire or grill.** Using any of these fluids to start a fire can cause an explosion.



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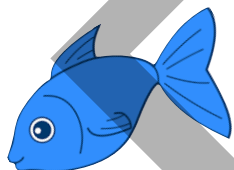
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What's Inside?

- ***Information On Our
Schedule Changing *** -
- September Events -
- Money Saving Offers -
& Much More!

What's The Answer?



How Quickly Can A Species Evolve?

Should You Let Your Kids Be Bored?

What Are Some Grilling Safety Tips?

Are Dogs Also An Avocado's Best Friend?



***The Answers To These And
Many More Questions Are Inside***

